## Pray

## Proverbs 15:8-The sacrifice of the wicked is an abomination to the Lord: but the prayer of the upright is his delight. (KJV)

Proverbs of Holy Scripture provide sound guidance for believers seeking to pray. The Lord's delight in the prayer of the upright is clearly documented in Proverbs. The hunger in the soul to seek and unite with the Lord is satisfied in daily prayer. Believers reaching out to the Lord God in sincere prayer add to recorded history. The beneficial value and history of prayer is well-recorded in the Holy Scriptures, Authoritative writings of the Church in addition to Holy Scripture are easily found. The lives and miracles of the saints illustrate and document the value of prayer. The New Testament verifies prayer as a practice of the Lord Jesus Christ. (Mk.6:46) Wise believers search the Holy Scriptures carefully to strengthen their prayers of

## Proverbs 15:29-The Lord is far from the wicked: but he heareth the prayer of the righteous. (KJV)

Believers seeking to unite and remain united with the Lord work hard at prayer. To pray often with regularity and attentiveness takes considerable focus and effort. Resistance must be overcome to engage in prayer on a regular and attentive basis. Worldly forces exist creating resistance that challenge believers valuing prayer. The Lord God is ever-present to hear and help believers seeking to pray regularly. The Lord takes delight in knowing a believer values prayer and works hard to pray. Firm hope resides in the heart, mind and soul of the believer trusting in prayer. Hope motivates the believers to forge ahead against worldly resistance to prayer. Holy Scriptures serve as inexhaustible nourishment for the heart, mind and soul.

## Proverbs 28:9-He that turneth away his ear from hearing the law, even his prayer shall be abomination. (KJV)

Believers freely choose what to believe in their journey to the Kingdom of God. The journey from the Baptismal font to God's Kingdom travels the narrow path. The Holy Scriptures of God define and illumine the path to God's Kingdom. Believers engaged in serious prayer will have their efforts validated in daily life. The Lord God does not let serious believers travel the narrow path alone. God is always present to guide believers in prayer on the steps to take in life. Believers with eyes to see and ears to hear will recognize God's daily presence. Experiencing God in daily life unexpectedly results in unanticipated personal joy. The Holy Scriptures authentically address the deep hunger of the believer's soul.

St. Anthony the Great. January 17/30, 2025. Hidden Valley, Pennsylvania. Father Rodney Torbic