

GREAT LENT

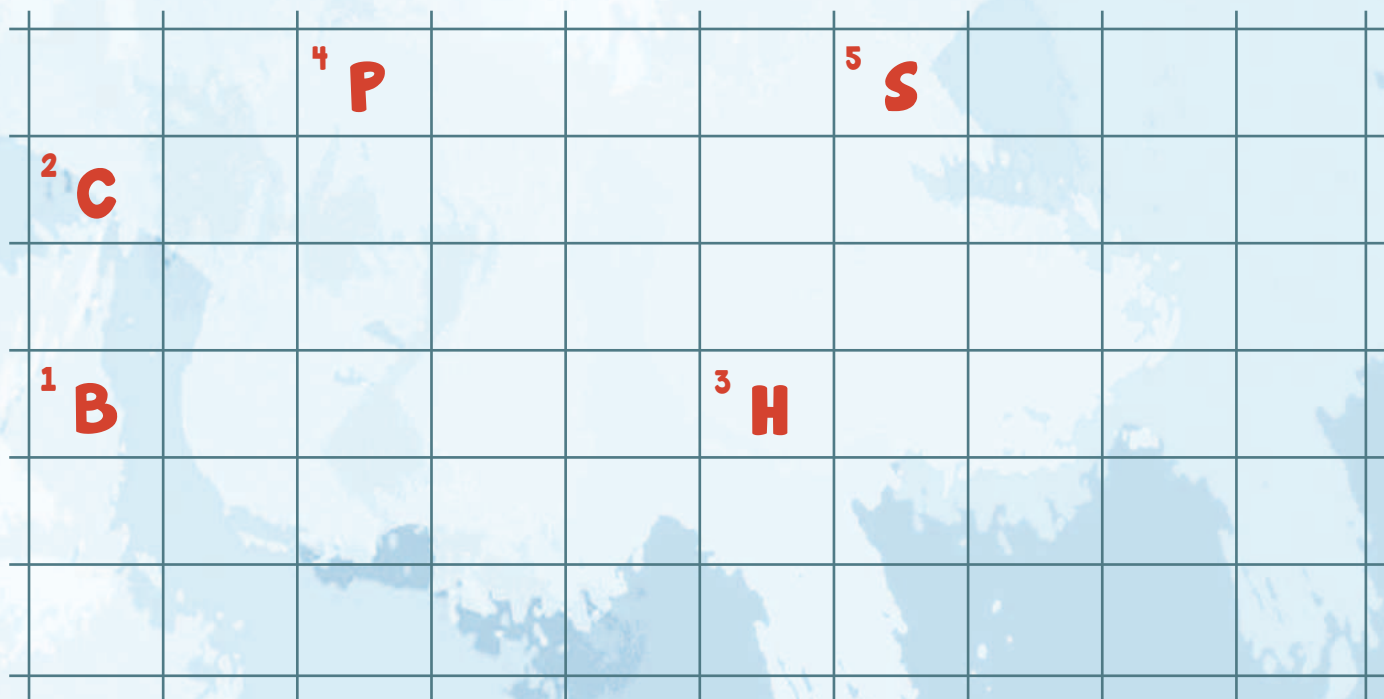
THE 2ND SUNDAY OF LENT- ST. GREGORY PALAMAS



The 2nd Sunday of Great Lent is dedicated to Holy Father Gregory Palamas, Archbishop of Thessaloniki, the Wonderworker (1296-1359). Before becoming Archbishop, he spent many years as monk on the Holy Mountain of Athos. In dispute with Barlaam, a monk from Calabria, St. Gregory showed the beauty of monastic spirituality.

In his writings this Holy Father explained that God is Love, Living Person. God is not a philosophical concept. St. Gregory said God does everything to make us godlike. For him true Christian life comes through prayer, obedience, humility, and fasting. Saint Gregory Palamas works many miracles even to the present day and, after Saint Demetrios, is regarded as the Protector of Thessaloniki (Greece).

PUZZLE



Complete the crossword puzzle.

ACROSS:

1. ON SUNDAYS I HELP MY PRIEST AS ALTAR _ _ _ _ _.
2. LORD JESUS _ _ _ _ _ HAVE MERCY ON ME!
3. I AM _ _ _ _ _ WHEN I GO TO CHURCH SCHOOL.
4. TALK TO YOUR _ _ _ _ _ WHEN YOU HAVE PROBLEMS.

DOWN:

4. I _ _ _ _ _ WHEN I FEEL SAD.
5. DO NOT _ _ _ _ _ , SAYS THE LORD.



TIPS FOR BOTH CHILDREN AND PARENTS:
WHEN WE LOVE OUR BROTHER/SISTER
WE LOVE THE CHURCH
AND THEREFORE CHRIST

DID YOU KNOW THAT THE FIRST LENTEN INSTRUCTION WAS GIVEN IN THE “GARDEN OF GOD”? WHEN GOD CREATED THE FIRST HUMANS HE GAVE THEM ONE SPECIFIC COMMANDMENT: “NOT TO PARTAKE OF THE FRUIT FROM THE TREE OF KNOWLEDGE”.

ACCORDING TO THE SCRIPTURES, WHAT WERE THE NAMES OF THE FIRST CREATED MAN AND WOMAN?

1. A _____

2. E _____

ACCORDING TO SCRIPTURE, HOW DID THEY REACT ON GOD’S COMMANDMENT?

A. THEY OBEYED GOD’S COMMANDMENT

B. THEY DISOBEYED GOD’S COMMANDMENT

ON THE PATH TO PRAYER





DID YOU KNOW?

During Great Lent, we do not eat meat or dairy products. Eating meat means taking an animal's life, and dairy foods are very rich. This is why the Church asks us to avoid them during this special time of prayer and fasting.

PUT A MARK ✓ OR ✗



Fasting from foods is important. However, fasting is linked with prayer and good deeds. we should try to completely dedicate ourselves to Christ.

COMPLETE YOUR LENTEN GROCERY LIST:

What would you like to add in your spiritual grocery list:

Obedient

Meek

Joyful

