

Water for the Heart and Soul

Proverbs 5:15-Drink waters out of thine own cistern, and running waters out of thine own well. (KJV)

Proverbs in the Holy Bible offer words of wisdom to benefit attentive believers. Believers do well to look deep within the self to cleanse and nourish the soul. God is present in each believer and is readily experienced through introspection. Coming to know the self enables the believer to honestly address personal sin. Repentance enables the believer to make new beginnings in the Lord Jesus Christ.

Proverbs 20:5-Counsel in the heart of man is like deep water; but a man of understanding will draw it out. (KJV)

Honestly examining the heart will reveal to the believer the sins needing expelled. Repentance is an act in unison with the Lord God for the rejecting of personal sin. Turning the mind deep into the heart, the believer uncovers the impediments of sin. Sins are a burden to the believer and inhibit full growth in the Lord Jesus Christ. Newness in life is possible when the heart is filled with Christ and sin is expelled.

Proverbs 25:21-f thine enemy be hungry, give him bread to eat; and if he be thirsty, give him water to drink: (KJV)

Sincere acts of love are the way to alleviate despair and heal difficult relationships. Heartfelt acts of love serve to ease tensions in difficult and strained relationships. An enemy's anger is more likely to subside when the believer responds with love. Love and kindness are antidotes to acts of hostility and serve to facilitate peace. Maintaining peace in personal relationships enables growth among the participants.

Proverbs 25:25-As cold waters to a thirsty soul, so is good news from a far country. (KJV)

Cold water invigorates the thirsty soul and restores vigor to the receptive believer. Good news from afar enlivens and energizes the heart of the welcoming listener. The body is positively affected and stronger when good news reaches the ears. Life's outlook improves and hope increases when good news arrives from afar. Personal demeanor quickens when bright words of hope and promise are heard.

Proverbs 27:19-As in water face answereth to face, so the heart of man to man. (KJV)

The Holy Scriptures reveal God to the seeker looking to experience the Divine. Seekers of God find the Divine revealed when searching the Holy Scriptures. The heart desiring to experience God will enjoy being immersed in the Scriptures. The Church offers the Holy Scriptures to further the direct experience with God. God and believers unite and remain united when the Holy Scriptures fill the heart.

Holy Theopemptus and Theonas-Holy Cross Day. January 5/18, 2023.
Hidden Valley, Pennsylvania. Father Rodney Torbic