

## Seeking Truth

**John 1:14- And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.** (KJV)

Seeking believers find and experience truth in the Lord Jesus Christ. The Gospel proclaimed on Pascha focuses on the truth in Jesus Christ. Truth is necessary for the believer to live a full and healthy daily life. Believers need truth as a guide through the pathways of earthly life. The truth shows seeking believers the narrow path to God's Kingdom.

**John 1:17- For the law was given by Moses, but grace and truth came by Jesus Christ.** (KJV)

The truth coming from Jesus Christ nourishes and guides the believer in life. Attentive believers cherish, value and heed Jesus Christ's truth as essential for life. Jesus Christ's truth defines and illumines life's necessary aspects for the believer. Aspects of life not consistent with Jesus Christ's truth are deemed to be perilous. Paths perilous to the soul fail to be grounded in and guided by the truth of Christ.

**John 3:21- But he that doeth truth cometh to the light, that his deeds may be made manifest, that they are wrought in God.** (KJV)

God's Holy Church provides Great Lent for believers to focus on truth in Christ. Fasting and prayer sharpen the believer's focus on the truth in Jesus Christ. Great Lent is an opportunity to remove the sinful and perilous aspects of life. Societal ills and perils prey upon the believer to create confusion about truth. Great effort is required for the believer to keep the focus on truth in Jesus Christ.

**John 4:23- But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.** (KJV)

The believer must sort through and contend with a vast amount of information. Christ's truth is enduring and always present for the believer to embrace and heed. Truth is essential in worship and is experienced through worship in God's Church. The Holy Gospel is proclaimed in the Divine Liturgy bringing truth to the faithful. Believers experience Truth in partaking of Christ's Precious Body and Blood.

**John 4:24- God is a Spirit: and they that worship him must worship him in spirit and in truth.** (KJV)

The believer's heart, mind and soul benefit when fully receptive to Christ's truth. Prayer, peace and stillness lead to truth being revealed to the seeking believer. The Lenten Journey encourages believers to be vigilant in embracing truth. Guarding the heart, mind and soul entails preventing all non-truth from entering. Purity of the heart, mind and soul is realized in the life full of Jesus Christ's truth.