

Jesus Teaches How to Pray

Matthew 6:6-But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly. (KJV)

The Holy Gospel contains Jesus' words about prayer worthy of consideration. Believers are expected to pray constantly and benefit from heeding Jesus' words. Prayer is a way to address the hunger in the soul that exists throughout earthly life. Jesus Christ's teachings on how to pray are to be rightly applied in personal use. Serious believers study Jesus Christ's teachings on prayer found in the Gospel. Personal prayer is refined and improves as the believer grows in the life in Christ. Participating in liturgical prayers and praying personally are a necessary balance. God knows the prayers coming forth from the believer at home and in the church. Praying in the privacy of the home on a regular basis improves personal wellness.

Mark 11:25-And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses. (KJV)

Forgiveness is an essential part of the serious believer's personal prayer life. Personal peace is achieved by prayerful forgiveness from deep within the heart. Receiving forgiveness from the Lord is related to the believer being forgiving. Prayers of forgiveness facilitate transforming adverse relationships in daily life. Love is genuinely expressed through prayerful forgiveness among adversaries. Forgiveness through prayer brings peace to the believer's the heart, mind and soul. Learning to improve in prayer from Jesus Christ is part of life's very long journey. Only in and through Jesus Christ are believers capable of perfecting their prayers. Healthy personal relationships are formed and develop through serious prayer.

Luke 6:28-Bless them that curse you, and pray for them which despitefully use you. (KJV)

Believers have a responsibility to pray for improved personal relationships. Each believer controls his or her personal reactions to people part of daily life. Praying for adversaries and persecutors is consistent with Jesus Christ's teachings. The believer is wise to reach within the self to pray about difficult relationships. Exercising great self-restraint is required to pray for the welfare of adversaries. Believers of all ages benefit from learning about prayer from the Lord Jesus Christ. Growth in Christ occurs throughout life as believers improve in their prayer life. Barriers to growth in prayer are overcome by reaching out to Jesus Christ for help. Praying about difficult relationships is effective in reducing personal stress..

Holy Apostle Philip. St. Theophanes the Confessor. October 11/24, 2023.
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