

Anger

Proverbs 15:1- A soft answer turneth away wrath: but grievous words stir up anger. (KJV)

The nature of daily relationships will be assessed at the time of the Final Judgment. Relationships in the family, at work and in the community reveal personal values. Outbursts of anger in daily relationships affect the direction of the relationships. Expressed anger can be extreme at times and put relationships in great peril. The way a believer responds to expressions of anger will make a difference.

Proverbs 15:18- A wrathful man stirreth up strife: but he that is slow to anger appeaseth strife. (KJV)

Husbands and wives benefit from wisdom of the Scriptures when tensions arise. Word choices influence any tensions in the home, at work or the community. Body language can help to reduce tension existing in personal relationships. Being patient in personal interactions with others will reduce existing anger. Avoiding inflammatory language helps to keep relationships on civil basis.

Proverbs 16:32- He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city. (KJV)

Christians are expected to manifest Christ's love in daily personal relationships. The use of angry remarks in personal conversations is destructive to relationships. Self-examination will reveal to the believer when personal changes are required. Building up the love of Jesus Christ in the heart, mind and soul makes for peace. Becoming more Christ-like in demeanor reduces angry encounters with others.

Proverbs 19:11- The discretion of a man deferreth his anger; and it is his glory to pass over a transgression. (KJV)

Facing the presence of anger in the self is a signal to take responsible action. Nourishing the soul in Christ is a way to eliminate personal outbursts of anger. God's Holy Church facilitates transforming a believer into a person of peace. Taking the Lord God seriously is necessary to bring personal anger under control. Appeals to God in prayer is a way to restrain the self from outbursts of anger.

Proverbs 20:2- The fear of a king is as the roaring of a lion: whoso provoketh him to anger sinneth against his own soul. (KJV)

Each believer has a responsibility for maintaining peaceful daily relationships. Growing in Christ is a way to improve the peace in the home and community. Each person chooses the degree he or she will commit to growth in Christ. Believers embark on the Christian life at baptism and are to journey in peace. If anger is to be employed by the self, it is to be against the perils of personal sin.

Afterfeast of the Transfiguration. Holy Apostle Matthias. Holy Martyr Anthony.
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