

## Days of Our Lives

**Psalm 1:2-But his delight is in the law of the LORD; and in his law doth he meditate day and night.** (KJV)

Each day of earthly life is a golden opportunity to invest in the Kingdom of God. Serious believers find time daily to delight and meditate in the law of the Lord. Discipline and a conscious effort are required to focus daily on the law of the Lord. Focusing on the law of the Lord on a daily basis addresses the hunger of the soul. Each day in life is to be treasured and used wisely because time only occurs once. Turning to the Lord in prayer gives the believer guidance for the use of time in life.

**Psalm 37:18-The LORD knoweth the days of the upright: and their inheritance shall be forever.** (KJV)

The use of each day creates a record for the final judgment at the Second Coming. The Lord God knows whether believers use time wisely and with precious care. Each moment is a seed of life for planting in the Eternal Kingdom of Heaven. Charitable thoughts and acts combined with forgiveness have a part in daily life. The Christian is to take seriously the full commitment made to Christ at Baptism. When time has been wasted and ill-used, repentance is in order to begin anew.

**PSALM 39:4-LORD, make me to know mine end, and the measure of my days, what it is: that I may know how frail I am.** (KJV)

Each heartbeat, each thought, and each bodily movement is dependent on the Lord. The existing moment of earthly life is the only moment of life with full certainty. Past moments of life cannot be recovered and future moments are not guaranteed. The “here and now” comes from God as a gift, a blessing and an opportunity. The Lord God deserves expressions of gratitude for each moment of earthly life. The time of life exists because of the goodness, mercy and love of the Lord God..

**Psalm 86:7- In the day of my trouble I will call upon thee: for thou wilt answer me.** (KJV)

The Lord is ever-present in each moment of life and is within reach through prayer. Every moment is an opportunity for prayer and for implementing acts of prayer. Unity with God in prayer is for every moment of life including the difficult times. Consistent daily prayer strengthens the believer for any unexpected difficulties. Being united with God in prayer enables believers to withstand storms in life. Believers do well to be mindful of the passage of time and to hasten to repent.

---

Holy Martyr Mamas. Venerable John the Faster, Patriarch of Constantinople.  
September 2/15, 2021. Hidden Valley, Pennsylvania. Father Rodney Torbic