

Fear

Matthew 8:26-And he saith unto them, Why are ye fearful, O ye of little faith? Then he arose, and rebuked the winds and the sea; and there was a great calm. (KJV)

The believer is able to overcome fear by having very strong faith in Jesus Christ. Believers having resolute faith in Jesus Christ triumph over incapacitating fear. The mind can run wild with fear when faith in the Lord Jesus Christ is very weak. Fear can paralyze the behavior of individuals with minimal belief in Jesus Christ. Intense prayers to the Lord Jesus reduce the terror of the mind created by fear. The Jesus Prayer is highly effective in addressing the terror resulting from fear.

Matthew 10:26- Fear them not therefore: for there is nothing covered, that shall not be revealed; and hid, that shall not be known. KJV

Anchoring life in Jesus Christ establishes the basis for secure human relationships. A believer has a clear conscience daily when Christ fills the heart, mind and soul. Believers with clear consciences having no reason to fear unexpected occurrences. The Lord Jesus Christ provides a daily reassuring presence for fervent believers. When the unexpected occurs, strong faith in Christ frees the believer from fear. Joy is possible in all circumstances when Christ is the center of the person's life.

Matthew 10:28-And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell. (KJV)

When the soul is well-cared for, resolute believers need not fear the unexpected. Nourishing the faith in Jesus Christ prepares the believer for life's circumstances. The Church offers constant nourishment for the soul to keep believers strong. The Gospel teachings and the Body and Blood of Christ strengthen believers. Satisfying the hunger in the soul eradicates the root causes of fear in daily life. Strong believers follow Jesus Christ with the complete personal confidence.

Matthew 10:31-Fear ye not therefore, ye are of more value than many sparrows. (KJV)

Serious believers cherish and are grateful to the Lord God for the gift of life. Life is valued for originating with the Lord and being sustained by the Lord. The Lord God is trusted with the daily care of personal life and life's destination. God provides the daily necessities for life removing any reason to have fear. Peace, love and joy dominate the heart, mind and soul of the serious believer. Fear has no place in the life of the serious believer loving the Lord Jesus Christ.

Venerable Father Alexis, Man of God. St. Patrick of Ireland. March 17/30, 2021.
Tuesday of the Third Week of Great Lent. Hidden Valley, Pennsylvania.

Father Rodney Torbic