Confession Has Deep Roots

Leviticus 5:5-And it shall be, when he shall be guilty in one of these things, that he shall confess that he hath sinned in that thing: (KJV)

Regular Confession is necessary and beneficial in the serious believer's life. Confession enables the believer to put sin behind and to begin anew in Christ. Confessing sins in God's Holy Church lifts weight from the believer's conscience. Stress is alleviated when the Lord God is merciful and forgives the believer's sins. Peace is restored to the believer when heartfelt confession is made before God; Numbers 5:7- Then they shall confess their sin which they have done: and he shall recompense his trespass with the principal thereof, and add unto it the fifth part thereof, and give it unto him against whom he hath trespassed. (KJV) The desire to repent motivates believers to seriously confess sins inhibiting life. Making things right with others when possible is part of the act of repentance. Repentance and confession work together as the believer begins anew in Christ. New beginnings in Jesus Christ are always possible when repentance occurs. Forgiving others having been offended is part of repentance and confession Psalm 31/32:5- I acknowledge my sin unto thee, and mine iniquity have I not hid. I said, I will confess my transgressions unto the LORD; and thou forgavest the iniquity of my sin. Selah. (KJV)

Honesty with the Lord God leads to the greatest benefits when confessing sins. The act of confession is a personal encounter with the Lord God in the Church. The Church provides the love and support necessary for trusted confessions. The priest witnesses and guides the believer through the confession experience. God's goodness and mercy prevail when confessions are heartfelt and complete.

Proverbs 28:13/14- He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy. (KJV)

Life's full possibilities are limited when sins are buried deep within the believer. God can absolutely be trusted to be merciful when true repentance is desired. The believer seriously desiring to begin anew in Christ will value confession. Putting past sins behind and beginning life anew in Christ is always possible. Joy arises in the believer's life when repentance and confession are heartfelt. Daniel 9:4- And I prayed unto the LORD my God, and made my confession, and said, O Lord, the great and dreadful God, keeping the covenant and mercy to them that love him, and to them that keep his commandments; (KJV) Love and gratitude for God are experienced when the believer confesses sins. God knows the believer's sins before confession and welcomes the confession. Serious repentance and confession bring joy to the Lord God and the believer. As a believer matures in Christ, the opportunity to confess become more valued. Serious believers are conscious of personal sins and seek to confess them.